

LUNCH

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	All our soups are Waste Knot Soups– A hearty, planet friendly blend crafted from perfectly good surplus vegetables and ingredients that would otherwise go to waste, so every spoonful is packed with flavour and purpose.				
MAIN MEALS TO NOURISH, NURTURE AND SUSTAIN	Beef and Mediterranean vegetable lasagne	Bangers and mash	European day of languages Spanish Chicken and chorizo paella	Chickpea and sweet potato tagine	Chefs' sustainable catch of the day Burrito bar Fish fingers
	Five bean bolognaise	Feta and spinach roulade	German Beetroot and sweet potato rosti	Three cheese and spinach pasta bake	Vegetable and black bean burger
SIDES	Crusty whole meal garlic bread Roasted lemon and herb carrots	Cabbage, carrots and peas Onion gravy	Herby sweet corn Dirty slaw	Herb and lemon cous-cous Roasted mediterranean vegetables medley	Oven baked chunky chipped potatoes Minted green peas Baked beans
EVERYDAY	Chocolate orange marble cake	Assorted yoghurt pot bar freshly fruit platters	Sicillian lemon polenta cake	Assorted yoghurt pot bar freshly fruit platters	Assorted healthy tray bakes
	We offer daily a selection of yogurt, fresh fruit, cold desserts, jelly pots, pasta, jacket bars and senior specials				